

Reading Across MyPyramid Evaluation

This evaluation is to be completed by the teacher at the end of RAMP lessons.

Teacher _____ School _____

Number of students in class: _____ Date _____

Lessons taught from RAMP 1-Discovering MyPyramid 2-Great Grains 3-Versatile Vegetables
 4-Fabulous Fruits 5-Marvelous Milk 6-Meat and Beans Power 7-Sensational Snacks
 8-Count Five for Variety 9-Kids PhysicalActivity Pyramid

Estimate the percent (%) of students who know:	Before RAMP	After RAMP
1) ...3 of 5 food groups in MyPyramid.	_____ %	_____ %
2) ...foods from the yellow piece of MyPyramid that should be eaten in a limited amounts.	_____ %	_____ %
3) ...“always” snacks from MyPyramid.	_____ %	_____ %
4) ...3 vegetables that are different in color.	_____ %	_____ %
5) ...milk products come from cows and goats.	_____ %	_____ %
6) ...2 physical activities that can be done indoors.	_____ %	_____ %
7) ...the importance of drinking water when exercising.	_____ %	_____ %
8) ...3 of the 5 steps in creating a family meal: planning, shopping, preparing, serving and clean up.	_____ %	_____ %